

PowerMeter	Chaining Big	Chaining Small	PowerMeter to Crankarm (Loctite on threaded surfaces only)	
Campagnolo (Standard and Compact)	8 (Loctite 222, Pink/Purple)		Lockring: 65 (Loctite 243, Blue)	
Shimano Dura-Ace Compatible 7800, 7900, 7950	10		T20 = Hand Tight only!	
			T30 = 8-10 (Loctite 222, Pink/Purple)	
Shimano 11-spd Compatible 9000	10-12		T25 = 8-10 (Loctite 243, Blue)	
Shimano Dura-Ace 7800 Compact	8-10 (SRM long bolt, 8.5mm)	8 (SRM short bolt, 7.5mm)	T20 = Hand Tight only!	
			T30 = 8-10 (Loctite 222, Pink/Purple)	
Cannondale (Standard and Compact)	10 (Loctite 242 or 243, Blue)		Lockring: 35-47 (Loctite 243, Blue)	
Specialized (Standard and Compact)	9.8		Lockring: 34 (Loctite 243, Blue)	
SRAM GXP (Standard and Compact)	10		T25 = 8 (Loctite 243, Blue)	
SRAM BB30 (Standard and Compact)	10		T25 = 8 (Loctite 243, Blue)	
FSA K-Force Light Standard	10		T25 = 8 (Loctite 243, Blue)	
FSA K-Force Light Compact	8-10 (FSA long bolt, 8.6mm)	8 (FSA short bolt, 7.5mm)	T25 = 8 (Loctite 243, Blue)	
FSA Gossamer Standard	10		T25 = 8 (Loctite 243, Blue)	
FSA Gossamer Compact	8-10 (FSA long bolt, 8.6mm)	8 (FSA short bolt, 7.5mm)	T25 = 8 (Loctite 243, Blue)	
Rotor 3D+ (and 2015+ 3D) (Standard and Compact)	7-8		Lockring = 35-40 (Loctite 243, Blue)	
Rotor 3D Standard	7-8		T25 = 8 (Loctite 243, Blue)	
Rotor 3D Compact	10 (FSA long bolt, 8.6mm)	8 (FSA short bolt, 7.5mm)	T25 = 8 (Loctite 243, Blue)	
SRM Track * (also includes any older SRM labeled PowerMeters with bolts on top or bottom) *	10		Bolts on TOP of crankarm: 10 (Loctite 243, Blue) Bolts UNDERNEATH crankarm: 9 (Loctite 243, Blue)	
MTB FSA K-Force Light or FSA 386 Triple	10 (Loctite 242 or 243, Blue)		Lockring = 40 (Loctite 242 or 243, Blue)	
MTB FSA K-Force Light 2X10	10-12 (Loctite 243, Blue)	8 (cautiously) (Loctite 243, Blue)	Lockring = 40 (Loctite 243, Blue)	
MTB SRAM 1x	10-12 (Loctite 243, Blue)		T25 = 8 (Loctite 243, Blue)	Lockring = 40 (Loctite 243, Blue)
MTB SRAM 2x10	10-12 (Loctite 243, Blue)	8 (cautiously) (Loctite 243, Blue)	T25 = 8 (Loctite 243, Blue)	Lockring = 40 (Loctite 243, Blue)

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